



Integrative Wellness, LLC

tel (765) 680-0071

fax (765) 680-0468

407 E. Market St.

Crawfordsville In, 47933

Services

Individual Therapy- One on one sessions with a therapist to address mental health & substance use disorders.

Peer Recovery Support- Our peer supports have a lived experience in active addiction and long term recovery. They are here to support and guide you on your personal pathway to recovery.

Medication Assisted Treatment (MAT) - Medication Assisted Treatment can be a very useful tool for your recovery and there are 3 options available.

- Suboxone (Buprenorphine) reduces cravings, reduces withdrawal symptoms, and blocks the effects of opioids if a relapse occurs.
- Methadone Maintenance- also reduces cravings and withdrawal symptoms but does require daily trips to the clinic in Lafayette for medication doses.
- Vivitrol (Naltrexone)- a once a month shot that reduces cravings and blocks opioids if a relapse occurs.

Medication Assisted Recovery Group (MAR group)- If you opt to use MAT the MAR group will be a required tool along with this treatment. It is a once a week group with a therapist, peer support, and other individuals in recovery that are in MAT. This ensures a positive MAT experience and supports growth in your recovery. This is offered at the Witham Hospital in Lebanon on Monday mornings 9:00am- 10:00am or Wednesday evenings from 5:00pm-6:00pm.

Matrix Group- Extended Treatment Intensive Outpatient Group that meets Tuesday and Thursday evenings 5:00pm-6:30pm at the Mental Health of America building in Lebanon.

Mobile Integrated Response System (MIRS Grant)- This grant allows us to remove barriers that prevent individuals from seeking recovery. If a person meets criteria of having an opioid use disorder we can assist them with transportation to and from peer support, therapy, and MAT appointments. It pays for these services as well!