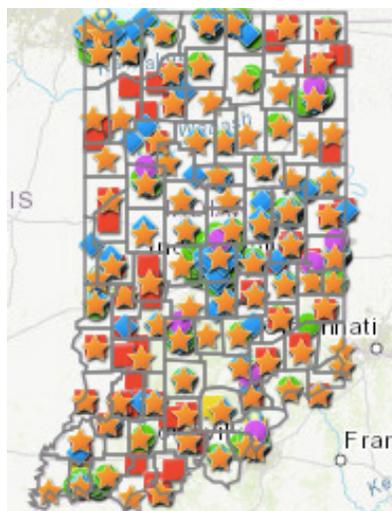


# Local Narcan® Distribution

# Resources



in.gov/isdh, opioid rapid response facility map



**Public Health**  
Prevent. Promote. Protect.

**Montgomery County  
Health Department**

NARCAN® Nasal Spray is a prescription medicine used for the treatment of an opioid emergency such as an overdose or a possible opioid overdose with signs of breathing problems and severe sleepiness or not being able to respond.<sup>4</sup> Narcan® is currently carried by all first responders in Montgomery County.

The Montgomery County Health Department offers free Narcan® distribution and a short 15-minute training. Narcan® can also be purchased locally from CVS, Kroger, and Walmart pharmacies.

If you would like to learn more, check out these resources for substance abuse and treatment:

- SAMHSA.org
- in.gov/ISDH
- knowtheOfacts.org
- thetruth.opioids.com

References:

- 1)SAMHSA
- 2)IN.GOV KNOW THE O FACTS
- 3)drugabuse.gov
- 4)narcan.com

# Opioid Use Disorder & Treatment Options

Montgomery County Health Department  
110 W South Blvd  
Crawfordsville, IN 47933  
765-364-6440

# Opioid Use Disorder (OUD) is a disease

## There IS treatment

## Recovery is possible

### WHAT ARE OPIOIDS?

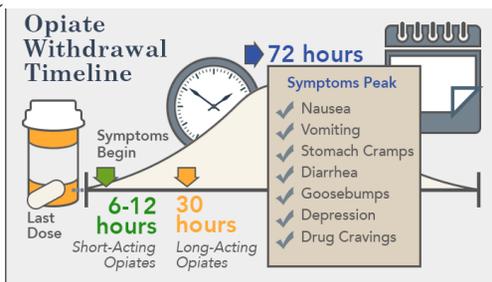
Opioids include **prescription medications** used to treat pain such as morphine, codeine, methadone, oxycodone, hydrocodone, fentanyl, hydromorphone, and buprenorphine, **as well as illegal drugs** such as heroin and illicit potent opioids such as fentanyl variations (e.g., carfentanil, a synthetic opioid 5000x more potent than a unit of heroin).<sup>1</sup>



### WHAT IS OPIOID USE DISORDER?

Symptoms of opioid use disorders include:

- strong desire for opioids
- inability to control or reduce use
- continued use despite interference with major obligations or social functioning
- use of larger amounts over time, development of tolerance
- spending a great deal of time to obtain and use opioids
- withdrawal symptoms that occur after stopping or reducing use



Treatment for opioid use disorder is not one size fits all. Thankfully, there are several types of treatment offered locally.

**Medication-Assisted Therapy (MAT)** combines behavioral therapy and medication to treat opioid use disorder. Medication when used in combination with counseling and behavioral therapies, provide a whole-patient approach to the treatment of opioid dependency.<sup>2</sup> Medications include:

- Methadone (Methadose, Dolophine)
- Buprenorphine (Subutex, others)
- Buprenorphine & Nalaxone (Suboxone)
- Naltrexone (Vivitrol, Reveia)

For more information about these medications, consult with a physician or read more at: [www.SAMHSA.gov](http://www.SAMHSA.gov)

### Behavioral Therapies

help engage people in drug abuse treatment, provide incentives for them to stay abstinent, modify their behaviors related to drug abuse, and increase their life skills to handle stressful circumstances.<sup>3</sup> There are many types of behavioral therapies including:

- 12 Step Facilitation Therapy
- Faith Based programs
- The Matrix Model
- Family Behavior Therapy

To find the right treatment center for you or your loved one, read more detailed information and find a local treatment center by visiting:

[www.SAMHSA.gov](http://www.SAMHSA.gov)

or

[www.in.gov/ISDH](http://www.in.gov/ISDH)

Recovery is a process of change that is possible with the support of others. SAMHSA has identified four major dimensions that support a life in recovery<sup>1</sup>:

**Health-** overcoming or managing one's disease(s) or symptoms- for examples, abstaining from use of alcohol and illicit drugs if one has an addiction problem- and, for everyone in recovery, making informed, healthy choices that support physical and emotional well-being.

**Home-** having a stable and safe place to live

**Purpose-** conducting meaningful daily activities, such as a job, school, volunteerism, family caretaking, or creative endeavors, as well as the independence, income, and resources to participate in society

**Community-** having relationships and social network that provide support, friendship, love and hope

Having a safe place and supporting community are incredibly important while in recovery. To learn more about OUD, treatment and recovery visit: [www.knowtheOfacts.org](http://www.knowtheOfacts.org)

